



9th August 2016

Dear Friends

Once again it will soon be Harvest Festival season, and so I am writing to ask for your help. As you know, Carecent receives no formal funding, and so is entirely dependent upon donations from our supporters, the bulk of which we receive during our Harvest campaign. We are, as ever, mindful that we benefit year upon year from the overwhelming support of local churches and school groups and we are deeply grateful for your past generosity. Sadly the need for our services is still high, and so we need to turn you again this year!

This year's list is enclosed, as in previous years it is very specific due to the fact that we only serve breakfast. If Carecent receives items that we are unable to use, we trust that you will be happy for us to pass them on to other agencies working with people who are homeless or otherwise socially excluded.

We are not usually able to collect harvest goods but items can be brought directly to Central Methodist Church on a Monday or Tuesday evening between 6-8pm (from Monday September 19th up until Tuesday October 25th). It would be helpful if you could ring us on 01904 624244 during the morning session (8.30am-10.45am) and let us know when you are intending to make a delivery. If it is impossible for you to bring your donation to us then please let us know and we may be able to arrange collection.

If you would like a representative from Carecent to come and give a talk about the work which we do, then please get in touch.

As ever, on behalf of the staff, volunteers and customers at Carecent, I would like to take this opportunity to thank you for your donations and prayers.

Yours faithfully,

Nicky Gladstone
Project Leader, Carecent

**Carecent, Central Methodist Church
St Saviourgate, York YO1 8NQ
Tel 01904 624244 Email admin@carecent.org**

Carecent Needs – Harvest 2016



This year, we need the following, please help!

Baked Beans
Tinned tomatoes (preferably whole not chopped)
Sugar
Tinned meat which can be served cold – ham, spam, corned beef.
Tinned spaghetti
Breakfast Cereal
Porridge Oats
Canned fish (not tuna)
Brown Sauce

We also have an ongoing but less urgent need for:

Tinned hot dog sausages
Tea
Jam / Marmite / Peanut butter
Instant coffee
Tinned fruit
Fruit juice

Clothing and Toiletries

Gents' socks please - they don't have to be new, but they do have to be clean!

Hats, gloves, roll-on deodorant (**no** aerosols please), toothpaste, shampoo and disposable razors are always gratefully received.

We would also be grateful for jeans (in sizes 30", 32" and 34") and other gents' clothes (fleeces / jumpers / t-shirts)

This year we're not asking for:

Tinned or packet soup
Salt
Combination tins e.g. baked beans with sausages – and spiced items.

As we only serve breakfast, we can't use things such as tinned or fresh vegetables, cooking sauces, packets of dried rice and pasta.

If you have any questions, please email admin@carecent.org or phone 01904 624244 during opening hours.

Thank you so much for your support!

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